

SHORT DANCE STUDIOS CLASS DESCRIPTIONS, PREREQUISITES & REQUIRED ATTIRE

There are required shoes for each class. *Starred classes will also require specific attire.

****Hair for all classes must be tied up. For ballet classes hair must be worn in a bun.**

Move & Me – Movement to music. A great experience to share with your 18mos.-2 yr. old.

Creative Dance 1 (CD 1) – Ages 3-4 is an introduction to dance. The primary goal is to foster a love of movement. Although the creative component is quite large, basic fundamentals in Tap, Jazz and Ballet will be covered in this class. Several fun or special activities, many times with props, facilitates expression. It is a means of communicating feelings and actions. The skills covered in Creative Dance 1 are all steps which a 3 year old can master as they build self-confidence. Dancers become aware of fast/slow, rhythm, space, directions, right/left, size, and levels. The vocabulary is also set up to prepare students for Creative Dance 2. (CD II) **RECITAL= This class will perform one dance in our annual recital.**

ATTIRE = White Leather Ballet shoes (261W), Tights and Leotard (any color) – Ballet skirts are acceptable at this age.

Creative Dance 2 (CD II) – Ages 4-5 (students still in Pre-K) covers a basis of movement found in all dance forms. This class will spend time in both Ballet and Tap shoes working on basic fundamentals in Ballet, Tap and Jazz. The goals of CD II are to foster creativity, freedom and expression in movement, and a love for dance. The class includes concepts that are found in older child's dance class. This class will prepare the students for the following year when they graduate to Tap/Ballet I. By the end of the year the students can dance set work independent of the teacher, memorize simple exercises and sequences, and make a start of musical interpretation.

RECITAL = This class will perform one dance in our annual recital.

ATTIRE = White Leather Ballet shoes (261W), Tan StrappyTaps (80T), Tights and Leotard (any color) – Ballet skirts are acceptable at this age.

Tap/Ballet Combination Class I, II, III – is an introduction class into the dance forms of Ballet and Tap. Students will learn the basics of each technique. Tap requires a great deal of coordination and can be a challenging style of dance. Students between the ages 5-8, as well as, the older beginners will learn traditional Tap. As the student advances we also incorporate other kind of Tap styles. *Complimentary classes: Jazz*

PREREQUISITE = CD II or Previous level Tap/Ballet Combo class or test out of previous

RECITAL = This class will perform two dances in our annual recital.

ATTIRE = White Leather Ballet shoes, (261W), Tan StrappyTaps (80T), Tights and Leotard (any color) – Ballet skirts are acceptable at this age.

***Ballet I, II, III, IV** – Although there are several techniques of Ballet, our studio uses the Cecchetti method as well as offers a yearly workshop in the Vagonova method with a professional from Russia's Bolshoi. *Complimentary classes: Ballet & Turns and Lyrical.*

***ATTIRE = Black leotard, pink tights, pink split sole leather ballet slippers (SO203) with hair in a bun**

PREREQUISITE = Tap/Ballet III or Previous Ballet level.

RECITAL = This class will perform one dance in our annual recital.

***Pointe I & II** – This class introduces an experienced ballet dancer to Pointe shoes. This class teaches about the toe shoe and how it is properly sized, worn, and then the basic movements and strengthening for advanced Pointe work.

***ATTIRE = Black leotard, pink tights, pointe shoes (will be fitted and sized with the instructor) with hair in a bun**

PREREQUISITE = Ballet I – IV or as recommended by instructor

RECITAL = Pointe II will perform one dance in the recital. Pointe I will perform based on the teachers discretion.

Lyrical I, II, III, Teen – A combination of Ballet and Jazz technique brought together with emotion to tell a story.

Complimentary classes: Should be taking Ballet along with this class.

***ATTIRE = Black leotard, pink tights (other colors and a skirt teacher permitting, Tan half Ballets (250) with hair in a bun**

PREREQUISITE = Tap/Ballet III or Similar Ballet level.

RECITAL = This class will perform one dance in our annual recital.

Tap/Jazz Combination Class I, II, III, IV – a class for the dancer with a foundation in ballet to continue growth introduced in the dance forms of Jazz and Tap. Students between the ages 9-12, as well as the older beginners are learning traditional Tap. As the student advances in age and ability we also incorporate other kind of Tap styles, such as street Tap, which is a funky, hip hop inspired style of Tap. *Complimentary classes: Ballet*

PREREQUISITE = Tap/Ballet III or previous level Tap/Jazz class or test out of previous

RECITAL = This class will perform two dances in our annual recital.

ATTIRE = Tan Neo Jazz shoes (505LS), Black Signature Split Sole Tap shoes (721), Tights and Leotard (any color) – dance shorts may be added (teacher permitting)

Jazz I, II, III – Jazz style of dance is a much more structured, stage style of dance. It involves jumps, kick, turns, floor work and is based in Ballet. *Complimentary classes: Tap/Ballet Combination class*

PREREQUISITE = Jazz I or previous Jazz class

RECITAL = One dance in recital.

ATTIRE = Tan Neo Jazz shoes (505LS), Tights and Leotard (any color) – dance shorts may be added (teacher permitting)

***Hip Hop I, II, III** - Hip hop is a style of dance that involves popping, rocking, key locks, gliding, and extensive floor tricks. It is usually set to rap or pop music. This style of dance is very popular in music videos and commercials. *Complimentary classes: Acro*

PREREQUISITE = Previous hip hop level and must have or be currently taking a jazz class of the same level.

RECITAL = This class will perform one dance in our annual recital.

ATTIRE = Recommended: black dance pants, Fitted T-shirt and black sneakers (see staff for ordering info.)

Acrobatics I, II, III, IV – This is a leveled program to enhance your dance abilities on stage. Each student will be taught correct and safe execution. Each level prepares the students for more challenging skills in the next level. *Complimentary classes: Hip Hop*

PREREQUISITE = Previous level Acro class or test out of previous level.

RECITAL = This class will perform one piece in the recital.

ATTIRE = Leotard and tights. (Bare feet)

Modern I, II – Teaches use of space in relationship to centering the body's position, rhythm and musicality. Based in ballet and related to the improvisation forms of popular social dance. *Complimentary classes: Ballet*

PREREQUISITE = Previous level Modern class and at least the same level Ballet class.

RECITAL = This class will perform one dance in the recital.

ATTIRE = Leotard and tights (Bare feet)

Musical Theater I, II –

This is a class that incorporates singing, dancing and acting. Students are working on material from Broadway Musicals as well as from Movie Musicals. Performing with expression and projection is emphasized here in both tap & jazz.

PREREQUISITE = Tap/Jazz technique class, RECITAL = One dance ATTIRE = proper dancewear

Strength & Stretch – This class will get your heart rate and body temperature up to help you feel healthier and more energized. You will strengthen and tone those large muscle groups then stretch them in order to get that long lean look.

Family Dance – Fun class for a family members that want to share in the excitement with their dancer(s). No experience needed.

Adult Technique Classes – Combination technique classes for all adults experienced & novice.

WHOLE PROGRAMS

PERFORMANCE AND COMPETITION COMPANIES - These programs allow for more growth in dance and provide more opportunities for the dancers to perform and share their love of dance with their community. *For more information on these classes please ask at the desk.*

***PRIVATE LESSONS IN DANCE CLASSES CAN BE SCHEDULED AT THE FRONT DESK.**